



ocn
northern ireland

Understand Cooking for Dysphagia and Modified Textured Diets

Endorsed Course Guide

Foreword

This document outlines the requirements for the delivery and assessment of the OCN NI ***Understand Cooking for Dysphagia and Modified Textured Diets***. The course sets out:

- the learning outcomes and assessment criteria for each unit
- assessment requirements
- quality assurance
- administration arrangements

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About Open College Network NI

Open College Network Northern Ireland (OCN NI) is a regulated Awarding Organisation based in Northern Ireland. OCN NI is regulated by CCEA Regulation in Northern Ireland to develop and award professional and technical (vocational) qualifications from Entry Level up to and including Level 5 across all sector areas. OCN NI is also regulated by Ofqual to award similar qualification types in England.

In addition to offering regulated provision, OCN NI also offers endorsed courses to enable centres to gain recognition for their own bespoke training provision, providing the benefit of having a nationally recognised awarding organisation's stamp of approval. OCN NI offers an endorsed course Certificate to recognise and reward learner achievement.

OCN NI Contact Details

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What is an Endorsed Course?

OCN NI courses consist of units comprising learning outcomes and assessment criteria. An endorsed course is a collection of bespoke units which are developed and tailored to meet the requirements of the centre/learners for which it is intended.

It differs from regulated provision in that it has not been submitted to Qualification Regulators for approval; it has not been mapped to National Occupational Standards and letters of support have not been sought from sector skills bodies or other interested parties. Centres offering endorsed courses must ensure that all communications including information, marketing and publicity material (hard copy or online), identifies endorsed courses using the approved titles only and describes endorsed courses in a clear and unambiguous way. It is protected and enables your centre to recognise the Continuous Professional Development (CPD) achievements of your learners in a formal way.

Endorsed courses are protected and available only to the developing centre. They enable centres to recognise continual professional development (CDP) achievements for your learners via a formal route. Endorsed courses offered by OCN NI are designed as **bespoke** provision. They are designed for very specific contexts within an organisation or within the local community or region. They tend to be quite unique and intended for delivery to relatively small numbers of learners. It is imperative that endorsed courses **must not be referred to as qualifications**.

Learning outcomes and assessment criteria within the unit

The function of the learning outcomes in each unit is to describe the abilities that will have been developed by learners when they have completed the unit and are awarded credit for it. The function of a set of assessment criteria is to specify the requirements for assessment of whether learners have mastered the relevant learning outcome. The assessment criteria for all of the learning outcomes in each unit specify all of the assessment requirements that need to be confirmed before awarding credit to the learner.

Course Level

The level indicates the difficulty and complexity of the knowledge and skills associated with any course.

<ul style="list-style-type: none"> • Entry Level Available at three sub-levels 	→ Entry 1 → Entry 2 → Entry 3 *Entry Level 3 is the most difficult
<ul style="list-style-type: none"> • Level 1 	Level 1 Complexity of GCSE Grades D, E, F, G
<ul style="list-style-type: none"> • Level 2 	Level 2 Complexity of GCSE Grades A*, A, B, C
<ul style="list-style-type: none"> • Level 3 	Level 3 Complexity of A, AS Level
<ul style="list-style-type: none"> • Level 4 	Level 4 Complexity of a Higher National Certificate (HNC) or Higher Apprenticeship
<ul style="list-style-type: none"> • Level 5 	Level 5 Complexity of a Higher National Diploma (HND) or Foundation Degree

Course Size

The size of a course refers to the estimated total amount of time it could typically take to study and be assessed for a course. Size is expressed as Guided Learning Hours (GLH).

OCN NI CENTRE DETAILS – ENDORSED COURSE DESIGN

Centre name:

Access Skills Ireland

OCN NI Centre
no:

Curriculum
Development
Contact

Neil Gallagher

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ENDORSED COURSE DETAILS

Endorsed
Course Title

Understand Cooking for Dysphagia and Modified Textured Diets

Endorsed Course
Target Group

Applicants seeking entry to the programme should be currently working as a chef in a healthcare setting or those actively seeking employment in the healthcare setting. The programme should also be open to private people who are preparing meals for Dysphagia patients at home. Community Groups who provide meals on wheels and Daycentres who cater for the elderly will also benefit from this programme.

This programme may also suit chefs working in the Hospitality & Catering Sector, this upskilling programme will allow to chefs to produce a more inclusive menu by being able to cater for those that suffer from Dysphagia.

Endorsed Course
Aim and
Objective

AIM: The aim of the Cooking for Dysphagia & Modified Textured Diets programme is to enable the learner to develop knowledge, skills and competence to prepare food for patients suffering with Dysphagia.

OBJECTIVE: On completion of this programme, it is expected that learners will be able to:

- **Know what is meant by Dysphagia and its implications for food preparation**
- **Understand how to prepare food for those suffering from Dysphagia**
- **Be aware of the importance of communicating with appropriate health professionals in relation to Dysphagia.**
- **Be able to apply appropriate texture descriptors**

**Possible
Progression
Opportunities**

Further learning

**Entry
Requirements**

16+

**OCN NI Approved
Internal Verifier**

Neil Gallagher

Intended Credit Value (ICV)

1

2 ENDORSED COURSE UNIT DETAILS

Total number of units offered:

1

Please provide details of the units you want to offer on this form:

UNIT DETAILS

	Unit Title	Unit Level	Credit Value	OCN NI Unit ID
1	Cooking for Dysphagia and Modified Textured Diets	Two	1	PJ1/2/NI/002

Title	Cooking for Dysphasia with Modified Textured Diets	
Level	Two	
Credit Value	1	
Guided Learning Hours (GLH)	8	
Sector Code	14.1 - Preparation for learning and life	
OCN NI Unit Code	PJ1/2/NI/002	
Unit Reference No	CBE246	
<i>Unit purpose and aim(s):</i> This unit will enable the learner to understand dysphasia including food preparation, importance of communicating with appropriate health professionals and apply appropriate texture descriptors.		
Learning Outcomes	Assessment Criteria	
1. Know what is meant by dysphasia and its implications for food preparation	1.1. Describe what is meant by dysphasia and its implications for food preparation	
2. Understand how to prepare food for those suffering from dysphasia	2.1. Describe how thickening ingredients may be used in cooking and how they perform at differing temperatures 2.2. Describe the appropriate use and maintenance of equipment used for cooking food for those suffering from dysphasia 2.3. Describe the additional food safety issues associated with cooking for those suffering from dysphasia including: (a) Mincing (b) Blending (c) Fortifying with protein	
3. Be aware of the importance of communicating with appropriate health professionals in relation to dysphasia.	3.1. Summarise why it is the important to communicate with speech and language therapists and dieticians in relation to dysphasia.	
4. Be able to apply appropriate texture descriptors	4.1. Describe the Irish Consistency Descriptors of Modified Fluids and Food (IASLT) and the International Dysphagia Diet Standardisation Initiative (IDDSI) and their implications for food preparation. 4.2. Apply IASLT and IDDSI to a range of fluids and foods and record results	
Assessment Guidance		
The following assessment method/s may be used to ensure all learning outcomes and assessment criteria are fully covered.		
Assessment Method	Definition	Possible Content
Portfolio of evidence	A collection of documents containing work undertaken to be assessed as evidence to meet required skills outcomes OR A collection of documents containing work that shows the learner's progression through the course	Learner notes/written work Learner log/diary Peer notes Record of observation Record of discussion
Practical demonstration/assignment	A practical demonstration of a skill/situation selected by the tutor or by learners, to enable	Record of observation Learner notes/written work Learner log

	learners to practise and apply skills and knowledge	
Coursework	Research or projects that count towards a learner's final outcome and demonstrate the skills and/or knowledge gained throughout the course	Record of observation Learner notes/written work Tutor notes/record Learner log/diary

Centre Requirements for Delivering the Course

Centre Recognition and Course Approval

New and existing OCN NI recognised centres must apply for and be granted approval to deliver the course prior to the commencement of delivery.

Centre Staffing

Centres are required to have the following roles in place as a minimum, although a member of staff may hold more than one role*:

- Centre contact
- Course Co-ordinator
- Tutor
- Assessor
- Internal Verifier

*Note: A person cannot be an internal verifier for their own assessments.

Tutors

Tutors delivering the course should be occupationally competent, qualified to at least one level higher than the course and have a minimum of one year's relevant experience working in this area.

Assessors

The courses are assessed within the centre and are subject to OCN NI's quality assurance processes. Units are achieved through internally set, internally assessed, and internally verified evidence. The tutor and assessor role may be the same person.

Assessors must:

- be occupationally competent, qualified to at least one level higher than the course and have a minimum of one year's relevant experience working in this area
- have direct or related relevant experience in assessment
- assess all assessment tasks and activities

Internal Verification

OCN NI courses must be scrutinised through the centre's internal quality assurance processes as part of the recognised centre agreement with OCN NI. The centre must appoint an experienced and trained centre internal verifier whose responsibility is to act as the internal quality monitor for the verification of the delivery and assessment of the courses.

The centre must agree a working model for internal verification with OCN NI prior to delivery of the courses.

Internal Verifiers must:

- have at least one year's occupational experience in the areas they are internally verifying
- attend OCN NI's internal verifier training if not already completed

Internal verifiers are required to:

- support tutors and assessors
- sample assessments according to the centre's sampling strategy
- ensure tasks are appropriate to the level being assessed
- maintain up-to-date records supporting the verification of assessment and learner achievement

Standardisation

The centre is required to carry out internal standardisation. As a process, standardisation is designed to ensure consistency and promote good practice in understanding and application of standards. Standardisation events:

- make qualified statements about the level of consistency in assessment across the centre delivering the course
- make statements on the standard of evidence that is required to meet the assessment criteria for units in a course
- make recommendations on assessment practice
- produce advice and guidance for the assessment of units
- identify good practice in assessment and internal verification

Centres offering an OCN NI course must undertake an internal standardisation event

Centre Handbook

For further guidance on OCN NI centre procedures, please see the OCN NI Centre Handbook which is available from the centre login section of the OCN NI website.

<https://www.ocnni.org.uk/>

Quality Assurance of Centre Performance

External Verification

All OCN NI recognised centres are subject to External Verification. External verification visits and monitoring activities will be conducted to confirm continued compliance with OCN NI Centre Terms and Conditions, review the centre's risk rating for the courses and to assure OCN NI of the maintenance of the integrity of the courses.

The External Verifier will review the delivery and assessment of the courses. This will include, but is not limited to, the review of a sample of assessment evidence and evidence of the internal verification of assessment and assessment decisions. This will form the basis of the EV report and will inform OCN NI's assessment of centre compliance and risk.

Administration

Registration

A centre must register learners within 20 working days of commencement of a course.

Certification

Certificates will be issued to centres within 20 working days of receipt of correctly completed results marksheets. It is the responsibility of the centre to ensure that certificates received from OCN NI are held securely and distributed to learners promptly and securely in a timely manner.

Charges

OCN NI publishes all up to date course fees in its Fees and Invoicing Policy document. Further information can be found on the centre login area of the OCN NI website.

Equality, Fairness and Inclusion

OCN NI has considered the requirements of equalities legislation in developing the endorsed course. For further information and guidance relating to access to fair assessment and the OCN NI Reasonable Adjustments and Special Considerations policies, centres should refer to the centre login area of the OCN NI website.

Retention of Evidence

OCN NI has published guidance for centres on the retention of evidence. Details are provided in the OCN NI Centre Handbook and can be accessed via the centre login area of the OCN NI website.